

WEST YORKSHIRE SPINNERS

FREE
PATTERN

Signature
SPARKLE 4 PLY

Twinkle Toes

Hand knit sock design by Winwick Mum

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Twinkle Toes Twisted Rib Knitted Socks

Level ●●●○○

Measurements

To fit ball of foot circumference
20 [22:23:24]cm; 8 [8.5:9:9.5]ins

Yarn



West Yorkshire Spinners
Signature Sparkle 4ply
Vintage Tinsel (1051) 1 x 100g

Equipment

2.5mm needles – short circular needle, DPNs
or 80cm circular for magic loop.

One set DPNs size 3.0mm (optional for a looser cuff).

One set DPNs size 2.5mm (not required for magic loop).

Stitch holder (optional).

Stitch markers.

Wool needle.

Tension

30 stitches to 10cm (4ins) in stocking stitch
(worked in the round) on 2.5mm needles.

Always use the size of needles to get the correct tension.

Pattern notes

These socks are knitted on 2.5mm needles, not 3.25mm as stated on the ball band. This will produce a different tension but will ensure a firmer, more hard-wearing fabric for your socks. The ideal tension for these socks is 30 stitches to 10cm (4ins) so use whatever size needles are required to reach that tension and do check that your knitted fabric is firm but not stiff.

It is often easier to cast on using DPNs before changing to the short circular needle. If you want to use magic loop you will be able to cast on with the larger circular needle if you prefer to do so, but remember not to pull your cast on stitches too tight. If you use DPNs, you might find it easiest to cast on and work 2 rows before dividing the stitches across the needles.

When working from a chart you will read all rounds from right to left.

Abbreviations

cm	centimetres
DPNs	double pointed needles
in(s)	inch(es)
K	knit
Ktbl	knit through back loop of stitch
K2tog	knit two stitches together
P	purl
Ptbl	purl through back loop of stitch
P2tog	purl two stitches together
Sl1	slip 1 stitch purlwise holding yarn to the back of your work
Sl2	slip 2 stitches purlwise holding yarn to the back of your work
SSK	slip the first stitch on the left hand needle knitwise onto the right hand needle, slip the second stitch on the left hand needle purlwise onto the right hand needle, slip both stitches back onto the left hand needle and knit together through back loop
st(s)	stitch(es)
()	repeat instructions inside brackets

Special abbreviations

LT. Left Twist: Taking your right hand needle behind your work, insert your right hand needle into the back loop of the second stitch on your left hand needle, knit the stitch and leave it on the needle. Now bring your needle forward and knit into the first stitch on the left hand needle in the usual way and slide both stitches off the needle.

RT. Right Twist: Keeping your needles at the front of your work, insert your right hand needle into the second stitch on the left hand needle knitwise and knit the stitch, but don't take the stitch off the needle. Now knit into the first stitch on the left hand needle in the usual way and slide both stitches off your needle.

Caring for your socks



Reshape whilst damp.
Dry flat. Do not tumble dry.

Socks (both alike)

Using Vintage Tinsel, cast on 60 [64:68:72] sts using 3.0mm DPNs. The pattern has been written for a cast on with straight needles; if you wish to join into the round straight away, work row 1 twice and omit row 2.

Work rib as follows:

60 sts

Row 1: (K1, (P2, Ktbl) 3 times, (P1, (Ktbl) twice) 3 times, P1, (Ktbl, P2) 3 times, K1) twice. (60 sts)

Row 2: Work all knit and purl stitches as they present themselves, working Ptbl into the Ktbl of previous row, turn.

64 sts

Row 1: (K2, (P2, Ktbl) 3 times, (P1, (Ktbl) twice) 3 times, P1, (Ktbl, P2) 3 times, K2) twice. (64 sts)

Row 2: Work all knit and purl stitches as they present themselves, working Ptbl into the Ktbl of previous row, turn.

68 sts

Row 1: (P1, K2, (P2, Ktbl) 3 times, (P1, (Ktbl) twice) 3 times, P1, (Ktbl, P2) 3 times, K2, P1) twice. (68 sts)

Row 2: Work all knit and purl stitches as they present themselves, working Ptbl into the Ktbl of previous row, turn.

72 sts

Row 1: (K1, P1, K2, (P2, Ktbl) 3 times, (P1, (Ktbl) twice) 3 times, P1, (Ktbl, P2) 3 times, K2, P1, K1) twice. (72 sts)

Row 2: Work all knit and purl stitches as they present themselves, working Ptbl into the Ktbl of previous row, turn.

For all sizes

Change to a 2.5mm short circular needle, magic loop or divide the stitches across DPNs and join into a circle, **place marker**. You will sew up the small gap where you knitted the first two rows later.

Continue in rib as set for your size for 14 more rounds or until desired length of rib.

Pattern set up round

60 sts

Next round: (K1, P2, (Ktbl) 4 times, P2, Ktbl, P3, (Ktbl) 4 times, P3, Ktbl, P2, (Ktbl) 4 times, P2, K1) twice.

64 sts

Next round: (K2, P2, (Ktbl) 4 times, P2, Ktbl, P3, (Ktbl) 4 times, P3, Ktbl, P2, (Ktbl) 4 times, P2, K2) twice.

68 sts

Next round: (P1, K2, P2, (Ktbl) 4 times, P2, Ktbl, P3, (Ktbl) 4 times, P3, Ktbl, P2, (Ktbl) 4 times, P2, K2, P1) twice.

72 sts

Next round: (K1, P1, K2, P2, (Ktbl) 4 times, P2, Ktbl, P3, (Ktbl) 4 times, P3, Ktbl, P2, (Ktbl) 4 times, P2, K2, P1, K1) twice.

For all sizes

Using either the chart or the written instructions and starting at round 1, continue to work each round in pattern for 15 or 17cm; 6 or 7in from cast on edge, remembering which round you finished on for the pattern panel as you will need this later.

Written instructions

Pattern panel (30sts)

Round 1: K1, P2, (Ktbl) 4 times, P2, Ktbl, P3, RT, LT, P3, Ktbl, P2, (Ktbl) 4 times, P2, K1. (30 sts)

Round 2: K1, P3, RT, P3, Ktbl, P2, RT, (Ktbl) twice, LT, P2, Ktbl, P3, LT, P3, K1.

Round 3: K1, P2, RT, LT, P2, Ktbl, P1, RT, P1, (Ktbl) twice, P1, LT, P1, Ktbl, P2, RT, LT, P2, K1.

Round 4: K1, (P2, Ktbl) 3 times, RT, P2, (Ktbl) twice, P2, LT, (Ktbl, P2) 3 times, K1.

Round 5: K1, P2, (Ktbl) 4 times, P2, Ktbl, P3, (Ktbl) 4 times, P3, Ktbl, P2, (Ktbl) 4 times, P2, K1.

Rounds 1–5 set pattern and are repeated.

60 sts

Round 1: (Work 30 sts as given for 1st round of pattern panel) twice. (60 sts)

Round 2: As for round 1, following panel pattern as written.

64 sts

Round 1: (K1, work 30 sts as given for 1st round of pattern panel, K1) twice. (64 sts)

Round 2: As for round 1, following panel pattern as written.

68 sts

Round 1: (P1, K1, work 30 sts as given for 1st round of pattern panel, K1, P1) twice. (68 sts)

Round 2: As for round 1, following panel pattern as written.

72 sts

Round 1: (K1, P1, K1, work 30sts as given for 1st round of pattern panel, K1, P1, K1) twice. (72 sts)

Round 2: As for round 1, following panel pattern as written.



Heel Flap

Change to 2.5mm DPNs if you are using a short circular needle. There is no need to use DPNs if you are using magic loop. You may prefer to place the spare stitches from the top of the foot onto a stitch holder if you are using a short circular or DPNs whilst you work the heel.

Optional: Slipping the stitches knitwise will twist them and keep them in line with the twisted stitches worked on the leg.

60 sts

Row 1: K1, P2, (Sl1, P2) 3 times, Sl1, P1, Sl2, P1, (Sl1, P2) 4 times, K1, turn. (30 sts)

Row 2: Work all knit and purl stitches as they present themselves, working purl into the slipped stitches of previous row.

Row 3: (Sl1, P2) 4 times, Sl1, P1, Sl2, P1, (Sl1, P2) 4 times, K1, turn.

64 sts

Row 1: K2, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, Sl1, K1, turn. (32 sts)

Row 2: Work all knit and purl stitches as they present themselves, working purl into the slipped stitches of previous row.

Row 3: Sl1, K1, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, Sl1, K1, turn.

68 sts

Row 1: K2, Sl1, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, Sl1, K2, turn. (34 sts)

Row 2: Work all knit and purl stitches as they present themselves, working purl into the slipped stitches of previous row.

Row 3: Sl1, K1, Sl1, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, Sl1, K2, turn.

72 sts

Row 1: K2, Sl1, K1, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, (Sl1, K1) twice turn. (36 sts)

Row 2: Work all knit and purl stitches as they present themselves, working purl into the slipped stitches of previous row.

Row 3: (Sl1, K1) twice, (P2, Sl1) 4 times, P1, Sl2, P1, (Sl1, P2) 4 times, (Sl1, K1) twice, turn.

For all sizes

Repeat rows 2 and 3 until heel measures 5 [5:6.5:7.5]cm; 2 [2:2.5:3]ins, finishing on row 3. If you want to make the heel flap longer, continuing knitting rows 2 and 3 until you reach the desired length and finishing on row 3, but remember that you will need to pick up more stitches to create the gusset.

Turn Heel

Row 1: Sl1, P16 [17:18:19], P2tog, P1, turn.

Row 2: Sl1, **K5**, SSK, K1, turn.

Row 3: Sl1, **P6**, P2tog, P1, turn.

Row 4: Sl1, **K7**, SSK, K1, turn.

Continue in this way, adding one stitch between slip stitch and SSK or P2tog on each row (ie, **Row 5:** Sl1, **P8**, P2tog, P1; **Row 6:** Sl1, **K9**, SSK, K1, etc) until all of the heel stitches are used. Depending on how many stitches are in your heel flap, you may find that the K1 and P1 stitch is not required at the end of the last two rows.

Knit across heel stitches if required to bring you to the left hand side of the heel flap (with the outside of the flap facing you), ready to pick up 1 stitch for every 2 rows of heel flap knitted. Remember that if you made the heel flap bigger, you will need to pick up more stitches. Once you have picked up the stitches, **place marker**.

Knit across the top of the foot stitches in pattern from where you finished for the leg. **Place marker**, then pick up 1 stitch for every 2 rows of heel flap knitted up the other side of the heel. Knit across the top of the heel and then shape gusset as below.

Note: If you are using DPNs and/or have placed your stitches on a stitch holder, you can arrange the needles as follows: Needle 1 for stitches across heel, Needle 2 for picked-up stitches down side of foot, Needle 3 for stitches across top of foot (knit stitches off stitch holder if required), Needle 4 for picked-up stitches on other side of foot. You may find that stitch markers are not required at first.

Shape Gusset

Round 1: K to 3 sts before the marker, K2tog, K1, **slip marker**, knit in pattern to next marker, **slip marker**, K1, SSK, K to marker.

Round 2: **Slip marker**, knit in pattern to next marker, **slip marker**, knit to 3 sts before marker.

Round 3: K2tog, K1, **slip marker**, knit in pattern to next marker, **slip marker**, K1, SSK, K to marker.

Repeat rounds 2 and 3 to shape the gusset. Continue in this way, decreasing by two stitches at the gusset on every other round until there are 60 [64:68:72] sts on the needle.

Once you have reached the required number of stitches, continue to knit each round until you reach approximately 5cm (2ins) before the desired foot length ready to start the toes. Don't be afraid to try your sock on before decreasing for the toes.

Toes

Note: At some point whilst decreasing for the toes, if you are using a short circular needle you may need to change back to DPNs or use the magic loop method as the number of stitches becomes too small for the circular. It's up to you when you choose to do that, and how you distribute the stitches across the needles; just keep following the pattern as set below.

Create the toes as follows:

Round 1: K1, SSK, K24 [26:28:30] sts, K2tog, K1, **place marker** (if required), K1, SSK, K24 [26:28:30] sts, K2tog, K1. (56 [60:64:68] sts)

Round 2: Knit one round, **slipping markers** as you come to them.

Round 3: K1, SSK, K to 3 sts before marker, K2tog, K1, **slip marker**, K1, SSK, K to 3 sts before marker, K2tog, K1. (52 [56:60:64] sts)

Repeat rounds 2 and 3 until you have 28 [28:32:32] sts left and divide these between two needles so that front and back of socks match.

Graft toes using kitchener stitch, weave in all ends and sew up the small gap at the cuff where you cast on.

Chart

Pattern panel (all sizes)

30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
	•	•	Q	Q	Q	Q	•	•	Q	•	•	•	Q	Q	Q	Q	•	•	•	Q	•	•	Q	Q	Q	Q	•	•	
	•	•	Q	•	•	Q	•	•	Q	•	•	•	Q	Q	Q	Q	•	•	•	Q	•	•	Q	Q	Q	Q	•	•	
	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
	•	•	Q	Q	Q	Q	•	•	Q	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

Key

	Knit
	Purl
	Ktbl
	RT
	LT



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